

## My Guide Orientation: Identifying My Interests

## Activity 11

The purpose of **Activity 11** is to learn how to use **My Guide** to identify your interests.



- Go to <http://www.myfuture.edu.au>.
- Select **My Guide** and login to your account.
- Select **Identifying > Interests**.
- Select **New** and enter a name for the activity, or leave the default name which is the date and time of answering the interest questionnaire.



- To begin the questionnaire select **Next**.
- Select the circle beside the activity you would prefer to do most out of each pair. For now, answer the first page of this questionnaire or more if you have time.
- When you reach the end of the first page, click on **Save**.
- Select **Finish**.
- Select **Results**.



The scores beside the interest categories indicate the strength of your interest in each area on the basis of how you answered the questionnaire. High scores indicate a strong interest in the category.

Read through the descriptions of each of the interest categories on the results page.

### 1. What were your strongest interests according to **myfuture**?



Discussion Idea

- Share your results with your fellow students and find out what their strongest interests are too.



If you have time, select **'What Next?'** to read about further activities.